Osher Lifelong Learning Institute

Summer

2017 Course Catalog

Tuscaloosa · Gadsden · Greater Birmingham
Greensboro · Pickens County

Register by Phone 205-348-3000 · olli.ua.edu

THE UNIVERSITY OF ALABAMA®
"OLLI at UA, Gadsden, is looking for members who enjoy learning with no tests or exams, who enjoy going on field trips to near and far places, and who enjoy meeting new friends. If this describes you, then join OLLI! - Kathy Russell
G105  History Over Easy
10 - 11:30 a.m.
June 7, 14, 21, 28; July 5, 12, 19, 26
Instructors: John McFarland, Randy Holland (Room 111)
One of a kind, this class continues to thrive. Each week a
different topic is discussed (we intentionally stay away from
current politics and religion to keep things light and fun). The
internet is available for reference. You can expect a wild and
sometimes controversial ride. This is a really fresh approach
to history! Introduce your favorite subject and enjoy the
discussions.

G106  Music of the Movies
10 - 11:30 a.m.
June 14, 21, 28
Instructor: Mike Gagliardo, Music Director & Conductor
Etowah Youth Orchestras
Join us as Mike presents the music of the movies. An Academy
Award-winner, Bernard Herrmann is particularly known for his
 collaborations with director Alfred Hitchcock, most famously
Psycho, North by Northwest, The Man Who Knew Too Much,
and Vertigo. John Williams composed the music for Jaws, War
Horse, Jurassic Park and over a hundred others. Mr. Williams
has received five Academy Awards and 50 Oscar nominations,
making him the Academy's most-nominated living person and
the second-most nominated person in the history of the Oscars.
His most recent nomination was for the film Star Wars: The
Force Awakens. Hans Zimmer is a German composer and record
producer. He has composed music for over 150 films. His works
include The Lion King, for which he won Academy Award for
Best Original Score in 1994. James Horner's first major film
score was for the 1979 film The Lady in Red, but did not establish
himself as a mainstream composer until he worked on the 1982
film Star Trek II: The Wrath of Khan. Horner's score for Titanic
is the best-selling orchestral film soundtrack of all time.
June 14  Bernard Herrmann
June 21  Jon Williams
June 28  James Horner and Hans Zimmer

Special Program
G401  Wellness and Fitness For Seniors
10 - 11:30 a.m. June 7, Wednesday (One Class)
See Page 15 for details.

G107  AARP Safe Driving
10 - 11:30 a.m.
July 12, 19, 26
Instructor: Shirley du Pont
This AARP Driver course is all classroom with no tests.
Techniques taught and updates of Alabama traffic law apply
to drivers of any age, although the AARP Smart Driver course
was designed specifically for drivers aged 50 and older. Injury
from an auto crash is the main reason a person over 50 stops
driving. An AARP survey of 1,200 participants showed that
97% changed at least one key driving behavior after taking this
course, and also felt the information they learned kept them
from having a crash. This class will have a fee of $20.00 for non-
AARP members, $15.00 for AARP members. Fees will be paid
to AARP on the first day.

G108  Sittin’ Up With The Dead (Part 3)
1:45 - 3 p.m.
June 7, 14, 21, 28; July 5, 12, 19, 26
Instructor: Skip Campbell
Note: This is a special time. This is Part 3 in a series that
starts by discussing what happens when we die. It examines
19th century cemeteries and graveyards, funeral customs
and superstitions, types of graves, grave marker zymology,
embalming, origins of the funeral industry and much, much
more. We will make several field trips to local cemeteries and
participants are encouraged to visit cemeteries close to where
they live.

G109  Dave’s Summer Grab Bag
3 - 4:30 p.m.
June 7, 14, 21, 28; July 5, 12
Instructor: Dave Murdock
We will talk about some of the strange little things that catch
your attention. This course will definitely be “off the beaten
path.”
Session 1: Micro Nations
Session 2: Invasive Species
Session 3: Sleeping and Dreaming
Session 4: Alexandria, Egypt
Session 5: Ruined and Abandoned Places
Session 6: Native American Mounds

G110  Genealogy Club
9:30 - 11:30 a.m.
June 8, 15, 22, 29; July 6, 13, 20, 27
Instructor: Craig Scott
Gadsden Public Library, 254 College St, Gadsden, Al.
2nd Floor Computer Room (elevator available)
The search for your roots is an ongoing process. Regardless of
where you are in your search, Craig will provide you with sources
and links to the past for you to use. Using the latest software
and internet sites allows you to shed light on your famous
and infamous ancestors. This is not a class for the beginning
genealogist. Previous computer experience is a must!
GADSDEN

THURSDAY COURSES

G111 The Movies of Paul Newman
3 - 5:00 p.m.
June 8, 15, 22, 29; July 6, 13, 20, 27
Instructor: Shirley du Pont
Come join us for an afternoon of swoon (maybe not the guys). Refreshments provided.

June 8 Butch Cassidy and the Sundance Kid, 1969, 110 minutes, biography/crime/drama
June 15 The Verdict, 1982, 129 minutes, drama
June 22 Cool Hand Luke, 1967, 126 minutes, crime/drama
June 29 The Sting, 1973, 129 minutes, comedy/crime/drama
July 6 Cat on a Hot Tin Roof, 1958, 108 minutes, drama
July 13 Hud, 1963, 112 minutes, drama
July 20 Nobody’s Fool, 1994, 110 minutes, comedy/drama
July 27 The Drowning Pool, 1975, 108 minutes, crime/mystery/action

BONUS PROGRAMS

Thursdays 1 - 2:30 p.m. UA Gadsden Center
Bonus Programs are a membership benefit and registration is not needed. Members are encouraged to bring a guest.

June 8 Apollo 13: Let me tell you! – Bob McNeal
Apollo 13 was the seventh manned mission in the American Apollo space program and the third intended to land on the Moon. The craft was launched on April 11, 1970, at 13:13 CST from the Kennedy Space Center, Florida, but the lunar landing was aborted after an oxygen tank exploded two days later, crippling the Service Module (SM) upon which the Command Module (CM) had depended. Despite great hardship caused by limited power, loss of cabin heat, shortage of potable water, and the critical need to makeshift repairs to the carbon dioxide removal system, the crew returned safely to Earth on April 17.

June 15 Bagpipes – Cecil Knowles
Bagpipes are a wind instrument using enclosed reeds fed from a constant reservoir of air in the form of a bag. Though the Scottish Great Highland bagpipes are the best known in the Anglophone world, bagpipes have been played for a millennium or more throughout the world. In recent years, often driven by revivals of native folk music and dance, many types of bagpipes have enjoyed resurgence in popularity and, in many cases, instruments that were on the brink of obscurity have become extremely popular. We will learn more about the playing of the pipes and have a demonstration by one of our own OLLI members.

June 22 The National Courts: Defenders of Civil Liberties – Jim Kilgore
The lecture will examine the foundation for selected mid-20th Century and beyond cases contributing to the preservation and expansion of American civil liberties.

June 29 Straw Bale Gardening and Irrigation – Eric Schavey
Straw Bale Gardening is simply a different type of container gardening. The main difference is that the container is actually the straw bale itself, held together with two or three strings; the outside crust of the bale serves as the container. Growing a successful vegetable garden is difficult enough if you have terrific soil to plant your garden into, but with poor soils, it can be virtually impossible. Straw Bale Gardening allows anyone, even those with the worst soil conditions, to grow a terrific garden that is productive and much less labor intensive. For anyone with difficulties bending over or doing the heavy work that is usually involved in turning the soil and digging to plant and harvest crops, the raised height of the Straw Bale Garden makes those chores obsolete. Weeding will also become a thing of the past; there are no weeds in a Straw Bale Garden and minimal maintenance results in maximum production. It will completely change everything you thought you already knew about gardening.

July 6 Post 4th of July Party – Shirley du Pont
You had a celebration at home, cooked out, had company, and ate until you were miserable. Well, we’re still partying. Come celebrate the nation’s birthday with OLLI. Join us for food, drink, lively talk and, as always, a good time.

July 13 So Far From Home – Dr. Robert Kane, Author
Join Dr. Robert Kane as he tells us the story covered in his book So Far From Home. Dr. Kane retired from the Air Force as a Lieutenant Colonel and in his book, he tells for the first time the story of the Royal Air Force and Free French flight training programs in central Alabama, covering the origins, the issues, and the problems that occurred during the training programs, and the results and lessons learned.

During World War II, the US Army Air Forces (AAF) trained aircrew members from 29 allied countries. The two largest programs were for Britain and France. The British government asked the United States to train its new pilots until it could get its own flight-training program underway. Maxwell and Gunter Fields near Montgomery, Alabama, were authorized to conduct this training. So Far From Home is the first book to tell this fascinating piece of history. The program’s success paved the way for future training of NATO and other Allied forces in the years after World War II.

July 20 Daily Life in Ancient Egypt, Part II – Catherine Hawkins
More on the Ancient Egyptian culture --- learn about what they ate and how they obtained and prepared their food. Find out about Ancient Egyptian physicians --- the medications and procedures they used, some of which were actually effective! Take a glimpse into the family life of the non-royal population and into the royal leisure activities --- music, banquets, sports and games.
Special Program
G401 Wellness and Fitness For Seniors
10 - 11:30 a.m.
June 7, Wednesday (One Class)
Instructor: Melia West, Wellness Coordinator, with Quality of Life Health Services, Inc.
This class will address Senior Wellness with a focus on becoming “wise” and “well”. We will provide knowledge on the eight dimensions of wellness and raise awareness of issues related to health and the aging process. This class will discuss the benefits of a healthy lifestyle and equip you with self-management strategies aimed at helping you become an expert in “you”. It will also give you information on how to eat healthy and address what happens when we do not move the body. We will also provide a demonstration on the proper techniques of exercise. We will conclude the class by providing you information on local programs offered for senior wellness.

See Field Trips beginning on page 19.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

Dutch-Treat Supper Club
Registration is required. We will depart from the Gadsden Center at 5 p.m. We will car pool to the various locations. Please be prepared to donate $3.00 to your driver to help with the cost. Be prepared to drive your vehicle, if needed for transportation.

G301 Pappadeaux Restaurant Tuesday, June 20
3500 Grandview Parkway, Birmingham

G302 29 Grille Tuesday, July 11
971 Brookwood Village, Birmingham

G303 Seasons 52 Tuesday, July 25
245 Summit Blvd, Birmingham

Fall Open House and Registration
Plans are underway!
Check the website for more information olli.ua.edu

GADSDEN

Share your ideas and get involved with OLLI in Gadsden!
Curriculum Chair - Caroline Cutler, csistergirl@aol.com
Board Member – Edward “Buck” Whatley, woodbuckone@gmail.com

GREENSBORO

Share your ideas and get involved with OLLI in Greensboro!
Curriculum Chair - Caroline Cutler, csistergirl@aol.com
Board Member – Edward “Buck” Whatley, woodbuckone@gmail.com

BONUS PROGRAMS

PICKENS COUNTY

Open House and Registration
June 27, 2017 - 5:30 p.m. Gordo City Hall
Enjoy refreshments and connect with friends.

Share your ideas and get involved with OLLI in Pickens County!
Membership Chair
Craig Patterson, chief@starboardrailbooks.com
Curriculum Chair - Vickie House, v.house.2012@gmail.com

CLASS LOCATION
Gordo City Hall - 25226 Hwy. 82, Gordo, AL

See Field Trips beginning on page 19.
If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.

History and Legends of the Town of Pickensville
Tuesday, June 27 - 5:30 p.m.
Presenter: Mary Fuseyamore, former Mayor of the Town of Pickensville

The History of Elmore Center United Methodist Church
Presenter: Linda Watson

Pickens County Cemeteries in Peril
Presenter: Gail House
Thursday, July 13 - 5:30 p.m. (2 presentations)

Quick and Easy Picnic Recipes
Tuesday, August 8 - 5:30 p.m.
Coordinator: Kathy Fetters