



Osher
Lifelong
Learning
Institute

Summer

2017 Course Catalog

Tuscaloosa · Gadsden · Greater Birmingham
Greensboro · Pickens County

Register by Phone 205-348-3000 · olli.ua.edu

THE UNIVERSITY OF ALABAMA®

Summer Open House and Registration

Thursday, May 18
4 -6 p.m.
UA Gadsden Center

121 North 1st Street, Gadsden

*Enjoy refreshments and
connect with friends*

**Share your ideas and get involved
with OLLI in Gadsden!**

VP Gadsden Chapter

George Tilbury, tilsgeorge@aol.com

Board Member-at-Large

Kathy Russell, kathydrussell@gmail.com

Curriculum Chair

Shirley du Pont, slild01@aol.com

Social Chair

Jan Mackey, calkid4747@yahoo.com

CLASS LOCATIONS

All courses are held at the UA Gadsden Center, unless otherwise noted in the catalog.
UA Gadsden Center, 121 North 1st Street
Gadsden Public Library, 254 College Street

Summer Registration Begins May 1

Registration is easy!
Go online olli.ua.edu
or call 205-348-3000
1-800-432-2015

“OLLI at UA, Gadsden, is looking for members who enjoy learning with no tests or exams, who enjoy going on field trips to near and far places, and who enjoy meeting new friends. If this describes you, then join OLLI! - Kathy Russell

NO MONDAY COURSES

TUESDAY COURSES

G101 The Glory That Was Greece

10 - 11:30 a.m.

June 6, 13, 20, 27; July 11, 18, 25

Instructor: Linda York

This session, we will examine the evolution of Greek culture into the birthplace of democratic government, architecture, philosophy, theater, and history. Like Socrates advised us to “Know Thyself”, we will use history to look into the history of our own world. Welcome to the world of Pericles, Aspasia, Sophocles, Aristotle, Plato, the Trojan War, and so much more. Maybe even have some scrumptious Greek food. Umpah!!!

G102 Let's Write!

1 - 2:30 p.m.

June 6, 13, 20, 27; July 11, 18, 25

Instructor: Bill Browning

Everyone has a story to tell and everyone can write. In this session, we will continue to write our “stories”. Your written story is a gift for your family. Join us as we create these legacies. Bill will take us through “the whys, the wherefores, and how to” elements of research and writing.

G103 Mah Jong

1 - 2:30 p.m.

June 6, 13, 20, 27; July 11, 18, 25

Instructor: Charlotte Cohn

We will continue our exploration into this ancient game. “Newbies” will begin with the basics. You will learn the strategy associated with this tile game that is part luck, part skill and all fun. There will be pointers and opportunities for those wanting to improve their playing skills.

G104 The Nation Makers

3 - 4:30 p.m.

June 6, 13, 20, 27; July 11, 18, 25

Instructor: Richard Rhone (video presentation)

When the bitter military struggle of the Revolutionary War ended in 1783, the new country's citizens were divided and its vast frontier was unmapped. Few educated Europeans expected it to survive more than a few years. Its independence was won, but could the new experiment in Republicanism succeed? Could this new nation preserve the sacred fire of liberty? Join us to learn how these Americans began a revolution in their minds and hearts.

WEDNESDAY COURSES

G105 History Over Easy**10 - 11:30 a.m.****June 7, 14, 21, 28; July 5, 12, 19, 26****Instructors: John McFarland, Randy Holland (Room 111)**

One of a kind, this class continues to thrive. Each week a different topic is discussed (we intentionally stay away from current politics and religion to keep things light and fun). The internet is available for reference. You can expect a wild and sometimes controversial ride. This is a really fresh approach to history! Introduce your favorite subject and enjoy the discussions.

G106 Music of the Movies**10 - 11:30 a.m.****June 14, 21, 28****Instructor: Mike Gagliardo, Music Director & Conductor Etowah Youth Orchestras**

Join us as Mike presents the music of the movies. An Academy Award-winner, Bernard Herrmann is particularly known for his collaborations with director Alfred Hitchcock, most famously *Psycho*, *North by Northwest*, *The Man Who Knew Too Much*, and *Vertigo*. John Williams composed the music for *Jaws*, *War Horse*, *Jurassic Park* and over a hundred others. Mr. Williams has received five Academy Awards and 50 Oscar nominations, making him the Academy's most-nominated living person and the second-most nominated person in the history of the Oscars. His most recent nomination was for the film *Star Wars: The Force Awakens*. Hans Zimmer is a German composer and record producer. He has composed music for over 150 films. His works include *The Lion King*, for which he won Academy Award for Best Original Score in 1994. James Horner's first major film score was for the 1979 film *The Lady in Red*, but did not establish himself as a mainstream composer until he worked on the 1982 film *Star Trek II: The Wrath of Khan*. Horner's score for *Titanic* is the best-selling orchestral film soundtrack of all time.

June 14 Bernard Herrmann**June 21 Jon Williams****June 28 James Horner and Hans Zimmer****Special Program****G401 Wellness and Fitness For Seniors****10 - 11:30 a.m. June 7, Wednesday (One Class)**

See Page 15 for details.

G107 AARP Safe Driving**10 - 11:30 a.m.****July 12, 19, 26****Instructor: Shirley du Pont**

This AARP Driver course is all classroom with no tests. Techniques taught and updates of Alabama traffic law apply

to drivers of any age, although the AARP Smart Driver course was designed specifically for drivers aged 50 and older. Injury from an auto crash is the main reason a person over 50 stops driving. An AARP survey of 1,200 participants showed that 97% changed at least one key driving behavior after taking this course, and also felt the information they learned kept them from having a crash. This class will have a fee of \$20.00 for non-AARP members, \$15.00 for AARP members. Fees will be paid to AARP on the first day.

G108 Sittin' Up With The Dead (Part 3)**1:45 - 3 p.m.****June 7, 14, 21, 28; July 5, 12, 19, 26****Instructor: Skip Campbell**

Note: This is a special time. This is Part 3 in a series that starts by discussing what happens when we die. It examines 19th century cemeteries and graveyards, funeral customs and superstitions, types of graves, grave marker zymology, embalming, origins of the funeral industry and much, much more. We will make several field trips to local cemeteries and participants are encouraged to visit cemeteries close to where they live.

G109 Dave's Summer Grab Bag**3 - 4:30 p.m.****June 7, 14, 21, 28; July 5, 12****Instructor: Dave Murdock**

We will talk about some of the strange little things that catch your attention. This course will definitely be "off the beaten path."

Session 1: Micro Nations**Session 2: Invasive Species****Session 3: Sleeping and Dreaming****Session 4: Alexandria, Egypt****Session 5: Ruined and Abandoned Places****Session 6: Native American Mounds****G110 Genealogy Club****9:30 - 11:30 a.m.****June 8, 15, 22, 29; July 6, 13, 20, 27****Instructor: Craig Scott**

**Gadsden Public Library, 254 College St, Gadsden, Al.
2nd Floor Computer Room (elevator available)**

The search for your roots is an ongoing process. Regardless of where you are in your search, Craig will provide you with sources and links to the past for you to use. Using the latest software and internet sites allows you to shed light on your famous and infamous ancestors. This is not a class for the beginning genealogist. Previous computer experience is a **must!**

THURSDAY COURSES

G111 The Movies of Paul Newman**3 - 5:00 p.m.****June 8, 15, 22, 29; July 6, 13, 20, 27****Instructor: Shirley du Pont**

Come join us for an afternoon of swoon (maybe not the guys). Refreshments provided.

June 8 *Butch Cassidy and the Sundance Kid*, 1969, 110 minutes, biography/crime/drama

June 15 *The Verdict*, 1982, 129 minutes, drama

June 22 *Cool Hand Luke*, 1967, 126 minutes, crime/drama

June 29 *The Sting*, 1973, 129 minutes, comedy/crime/drama

July 6 *Cat on a Hot Tin Roof*, 1958, 108 minutes, drama

July 13 *Hud*, 1963, 112 minutes, drama

July 20 *Nobody's Fool*, 1994, 110 minutes, comedy/drama

July 27 *The Drowning Pool*, 1975, 108 minutes, crime/mystery/action

BONUS PROGRAMS

Thursdays 1 - 2:30 p.m. UA Gadsden Center

Bonus Programs are a membership benefit and registration is not needed. Members are encouraged to bring a guest.

June 8 Apollo 13: Let me tell you! – Bob McNeal

Apollo 13 was the seventh manned mission in the American Apollo space program and the third intended to land on the Moon. The craft was launched on April 11, 1970, at 13:13 CST from the Kennedy Space Center, Florida, but the lunar landing was aborted after an oxygen tank exploded two days later, crippling the Service Module (SM) upon which the Command Module (CM) had depended. Despite great hardship caused by limited power, loss of cabin heat, shortage of potable water, and the critical need to makeshift repairs to the carbon dioxide removal system, the crew returned safely to Earth on April 17.

June 15 Bagpipes – Cecil Knowles

Bagpipes are a wind instrument using enclosed reeds fed from a constant reservoir of air in the form of a bag. Though the Scottish Great Highland bagpipes are the best known in the Anglophone world, bagpipes have been played for a millennium or more throughout the world. In recent years, often driven by revivals of native folk music and dance, many types of bagpipes have enjoyed resurgence in popularity and, in many cases, instruments that were on the brink of obscurity have become extremely popular. We will learn more about the playing of the pipes and have a demonstration by one of our own OLLI members.

June 22 The National Courts: Defenders of Civil Liberties – Jim Kilgore

The lecture will examine the foundation for selected mid-20th Century and beyond cases contributing to the preservation and expansion of American civil liberties.

June 29 Straw Bale Gardening and Irrigation**Eric Schavey**

Straw Bale Gardening is simply a different type of container gardening. The main difference is that the container is actually the straw bale itself, held together with two or three strings; the outside crust of the bale serves as the container. Growing a successful vegetable garden is difficult enough if you have terrific soil to plant your garden into, but with poor soils, it can be virtually impossible. Straw Bale Gardening allows anyone, even those with the worst soil conditions, to grow a terrific garden that is productive and much less labor intensive. For anyone with difficulties bending over or doing the heavy work that is usually involved in turning the soil and digging to plant and harvest crops, the raised height of the Straw Bale Garden makes those chores obsolete. Weeding will also become a thing of the past; there are no weeds in a Straw Bale Garden and minimal maintenance results in maximum production. It will completely change everything you thought you already knew about gardening.

July 6 Post 4th of July Party – Shirley du Pont

You had a celebration at home, cooked out, had company, and ate until you were miserable. Well, we're still partying. Come celebrate the nation's birthday with OLLI. Join us for food, drink, lively talk and, as always, a good time.

July 13 So Far From Home – Dr. Robert Kane, Author

Join Dr. Robert Kane as he tells us the story covered in his book *So Far From Home*. Dr. Kane retired from the Air Force as a Lieutenant Colonel and in his book, he tells for the first time the story of the Royal Air Force and Free French flight training programs in central Alabama, covering the origins, the issues, and the problems that occurred during the training programs, and the results and lessons learned.

During World War II, the US Army Air Forces (AAF) trained aircrew members from 29 allied countries. The two largest programs were for Britain and France. The British government asked the United States to train its new pilots until it could get its own flight-training program underway. Maxwell and Gunter Fields near Montgomery, Alabama, were authorized to conduct this training. *So Far from Home* is the first book to tell this fascinating piece of history. The program's success paved the way for future training of NATO and other Allied forces in the years after World War II.

July 20 Daily Life in Ancient Egypt, Part II**Catherine Hawkins**

More on the Ancient Egyptian culture --- learn about what they ate and how they obtained and prepared their food. Find out about Ancient Egyptian physicians --- the medications and procedures they used, some of which were actually effective! Take a glimpse into the family life of the non-royal population and into the royal leisure activities --- music, banquets, sports and games.

Special Program**G401 Wellness and Fitness For Seniors****10 - 11:30 a.m.****June 7, Wednesday (One Class)****Instructor: Melia West, Wellness Coordinator, with Quality of Life Health Services, Inc.**

This class will address Senior Wellness with a focus on becoming “wise” and “well”. We will provide knowledge on the eight dimensions of wellness and raise awareness of issues related to health and the aging process. This class will discuss the benefits of a healthy lifestyle and equip you with self-management strategies aimed at helping you become an expert in “you”. It will also give you information on how to eat healthy and address what happens when we do not move the body. We will also provide a demonstration on the proper techniques of exercise. We will conclude the class by providing you information on local programs offered for senior wellness.

See Field Trips beginning on page 19.**If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.****Dutch-Treat Supper Club**

Registration is required. We will depart from the Gadsden Center at 5 p.m.. We will car pool to the various locations. Please be prepared to donate \$3.00 to your driver to help with the cost. Be prepared to drive your vehicle, if needed for transportation.

G301 Pappadeaux Restaurant Tuesday, June 20
3500 Grandview Parkway, Birmingham

G302 29 Grille Tuesday, July 11
971 Brookwood Village, Birmingham

G303 Seasons 52 Tuesday, July 25
245 Summit Blvd, Birmingham

Fall Open House and Registration**Plans are underway!**

Check the website for more information
olli.ua.edu

GREENSBORO

Share your ideas and get involved with OLLI in Greensboro!

Curriculum Chair - Caroline Cutler, csistergirl@aol.comBoard Member - Edward “Buck” Whatley,
woodbuckone@gmail.com

Bonus programs in Greensboro will resume in the fall. For the summer, check out the programs offered at our other chapters.

See Field Trips beginning on page 19.**If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.**

PICKENS COUNTY

Open House and Registration**June 27, 2017 - 5:30 p.m. Gordo City Hall***Enjoy refreshments and connect with friends.*

Share your ideas and get involved with OLLI in Pickens County!

Membership Chair

Craig Patterson, chief@starboardrailbooks.comCurriculum Chair - Vickie House, v.house.2012@gmail.com**CLASS LOCATION**

Gordo City Hall - 25226 Hwy. 82, Gordo, AL

See Field Trips beginning on page 19.**If you like a bonus program, course or field trip at another OLLI at UA chapter, simply register and participate.**

BONUS PROGRAMS

History and Legends of the Town of Pickensville
Tuesday, June 27 - 5:30 p.m.

Presenter: Mary Fuseyamore, former Mayor of the Town of Pickensville

The History of Elmore Center United Methodist Church

Presenter: Linda Watson

Pickens County Cemeteries in Peril

Presenter: Gail House

Thursday, July 13 - 5:30 p.m. (2 presentations)

Quick and Easy Picnic Recipes

Tuesday, August 8 - 5:30 p.m.

Coordinator: Kathy Fetters